



# Ensure Provider Fidelity To Capacity-Building Family Support Practices

Helping families with their family support goals is more than providing resource lists and advice. Help should be provided to build the family's capacity to meet their current and future priorities.

Use this checklist to see if you align with capacity-building family support practices.

- The practitioner helps the family analyze and select resources that the family determines best align with their values and priorities.
- The practitioner helps the family evaluate the effectiveness of the resource once it has been used.
- The practitioner empowers the family to access the resources independently and supports skill-building if necessary.
- The practitioner helps the family identify informal and formal resources before sharing the practitioner's information.
- The practitioner asks the family about their priorities and addresses what they identify as the most significant area of need.