



# FAB Scheduling

Since the majority of child learning occurs during real-life routines and activities at home and in childcare settings, early intervention visits are most effective when caregivers are supported in these contexts. Try FAB scheduling to help caregivers build confidence in supporting child learning between visits.

## F: Flexible

Providing supports when caregivers need it. Flexible scheduling means visiting a child and their family or the childcare program during a variety of caregiver-identified routines in which they need the support rather than going on the same day and time every visit.

## A: Activity-Based

Providing supports where caregivers need it. Activity-based scheduling involves being available for caregivers during the real-life activities that provide opportunities for child participation and learning. Rather than taking or creating an activity during the time you regularly schedule your visit, go when the caregiver-identified routine really happens (e.g., mealtime, tooth-brushing, doing laundry).

## B: Bursts of Support

Providing supports as often as caregivers need it. Frequency and intensity of intervention visits may change as a family's priorities evolve. Scheduling bursts of support allows for visits to occur at a frequency that matches the caregiver's pace of learning and ensures families receive the support they need.

The transition to FAB scheduling offers the opportunity to provide higher quality services to families for both virtual and in-person sessions.