



## COACHING

# JOINT PLANNING AT THE END OF A VISIT

Joint planning is one of the research-based characteristics of coaching that helps ensure caregivers have a plan for what to do between visits and at the next visit to promote child participation in commonly occurring family or classroom activities to develop needed skills.



**JOINT PLANNING OCCURS AT FOUR POINTS DURING THE COACHING CONVERSATION WITH THE CAREGIVER. THE TWO POINTS THAT OCCUR AT THE END OF THE VISIT ARE:**

### NEW BETWEEN-VISIT PLAN

#### Possible questions to ask include:

- What did you learn today about helping your child participate in (insert planned activity setting)?
- Based on what we did today, what activity setting do you want to be your focus between now and the next time I see you?
- What are you going to do to help (child's name) learn or be more a part of that activity?
- In what other activities might you try that?

At the end of the visit, the coach and caregiver summarize the visit and develop a specific plan for what the caregiver will continue to do between visits.



At the end of the visit, the coach and caregiver also develop a plan for which of their daily activities will be the focus of the next visit.



### NEW NEXT VISIT PLAN

#### Possible questions to ask include:

- How much time do you need to focus on your plan before I come back?
- Which of your everyday activities with (child's name) would it be helpful for us to focus on at our next visit? When does that activity typically occur during your day?
- What do you want (child's name) to learn during that activity?



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